


# MARTIN J MC GANN



## Contact

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## Profile

A passionate and very driven person, I have consistently proven myself to be capable of delivering results in my commercial, coaching & sporting careers. With a desire for getting the most from the people I work with, I am considered innovative in building teams and have impacted in a positive way in both formal business and voluntary roles I have worked in.

I am an entrepreneurial individual who has generated multiple new business strands to the benefit of organisations I have worked for. I am committed to continuing my career and am looking for a challenging role in an organisation who shares my desire for success at the highest levels.

I have coached all levels of swimming from grass roots age group children through to masters, open water and triathletes. At all levels I strive to bring the best out of the individual within a group context. I have coached many swimmers who have gone on to compete at International representation including the Paralympic games and World Championships in able bodied.

I am seeking a new challenge, and am interested in your available position, a position if given the opportunity I feel I can develop further success for your organisation.

## PROFESSIONAL EXPERIENCE

### Lisburn City Swim Club

MAY 2016 – PRESENT

#### Head Coach

I took over one of Irelands largest swim club, which had been under performing for some time. With a part time staff of 34 and volunteers, I presented a development plan to improve the standards and efficiency in all aspects and increase membership numbers to circa 1,000.

I set about to restructure all squads from the learn to swim through to the High Performance squad. I developed a strategic alliance with Swim Ulster and Swim Ireland leading to Lisburn being awarded the pathway performance club both nationally and regionally. In 2017 Lisburn finished second at the Irish National Championships and I was awarded the Swim Ireland Pathway Performance Coach of the Year. I placed four swimmers on the Irish squad, swimmers qualified for European Youth Olympics, European Juniors and Youth Commonwealth Games where Rachel Bethel won two silver medals with a time that would place her top 20 in the World Championships. Also that year I was selected by Swim Ireland to the Advanced Coach Mentoring Program. In the 2019 Irish Open Lisburn finished first in the points for the overall mens team title, Daniel Wiffen set an Irish Junior Record and qualified for the World Junior and European Junior Championships in the 800 and 1500m freestyle. I was selected to go to the World Junior Championships as Irish Coach.

#### Commercial:

I revamped the Learn to swim with a new structure to maximise efficiency and this led to better learning outcomes. I developed a support network to mentor both Teachers, coaches and volunteers. This in turn led Swim Ireland to award Lisburn the ClubMark Award. During this time I was directly responsible for increasing numbers in the club by further developing Diving and WaterPolo and also disability swimming.

### Swim4Life Ireland

SEP 2013 – MAY 2016

#### Director

I presented a comprehensive plan to the Catholic Institute for Deaf People to take over the learn to swim lessons for schools groups and the public in the two new pools and the running of the old pool at Deaf Village Ireland. I was successful in gaining a two year contract. When that contract ended I established swimming lessons in Coolock and Parkwest.

### National University of Ireland Maynooth

MAY 2006 – AUG 2013

#### Swimming Development Officer

#### Head Coach – NUIM Devils Swim TEAM

I directly presented an innovative plan to the College senior Management which demonstrated the ability to develop a profitable Learn to swim program which would serve to allow the college to develop a swimming scholarship structure to positively attract high performing young athletes to pursue their academic and sporting careers within the NUIM campus. I was successfully recruited to launch this program, the first of its kind in the Irish University system.

#### Achievements:

- **Facility Management:** Annually manage the on site aquatic facility to produce a surplus annually and be run on a cost efficient basis Manage a staff of 25 part time facility staff
- **Commercial:** Developed from a zero base a Learn to swim School hosting c.1000 primary school children per week
- **University Swimming:** Develop three College squads International, Varsity and Social, which gave each student individual attention to their personal goals whilst creating a team ethos through "NUIM Devils".
- **High Performance Swimming:** Scholarships were self funding through the development of a learn to swim school.
- Placing International scholars on Irish teams at World University Games and Celtic Tri Nations and World Paralympic Games met performance targets.

## Portmarnock Swim Team

2004 – 2006

I was appointed Head coach in 2004 with responsibility to continue to develop this established age group program.

### *Commercial:*

I developed a philosophy of everyone gets a chance at Portmarnock, the team had 3 Irish Age group qualifiers and 3 Division 2 qualifiers the year I arrived.

When I left it had 16 Irish Age group qualifiers and 12 division 2 qualifiers and 7 National Senior titles.

### *High Performance Swimming:*

Karl Burdis qualified for European Youth Olympics, European Juniors, European seniors, World University Games and World Championships. Jack Cobain and Therese Corry went onto become National Senior Champions.

### *Volunteer & Community Work:*

I set up and ran the Portmarnock Junior meet every June. This was a huge challenge, as I had to personally run training days for the parents as none had any experience helping at galas.

I was selected Chairman of Swim Irelands High Performance Committee, which directed the plan for High Performance swimming in Ireland.

## Phoenix Swim Team

1999 – 2004

A NEW swim team established by me in 1999 following the closure of the Kings Hospital Swim Team, I was the initiator of the program to set up and define how the TEAM would continue to be a successful program with all the necessary procedures and structures to ensure compliance within Swim Ireland.

### *Achievements:*

Negotiate swimming pool time in 3 various pool facilities in Ballyfermot, Clondalkin and Clontarf to run the program Initiated a key 'TEAM concept' I tried some new ideas as I built the "Phoenix family", During this time I was still able to coach 4 swimmers onto the National Elite Senior Squad (Team 2000).

I personally developed a strategic alliance with Nilfisk Advance to come up with scholarship monies for the top swimmers while also providing kit for the other members of the team. During this time I also coached the "Phoenix Masters" which usually were parents of swimmers. I developed the team to both participation and performance amassing 54 National records and European Masters champion (Niamh Byrne)

### *Volunteer & Community Work:*

I was a key member to develop "Team Leinster" a strategic plan which was to have a major impact on swimming performance both in Leinster and Ireland. As Chairman of the Leinster Technical Committee Mr Terry Denison was recruited as external advisor for the development of the strategic plan.

## The Kings Hospital Swim Club

1986 – 1999

During my time with King Hospital sc I started as an age group assistant coach, however over time I gained a wide range of experience, and was promoted to Learn to swim co-ordinator, assistant Head Coach, Head Masters coach and eventually Head Coach. During this time I placed swimmers on European Youth Olympic teams and European Juniors. I developed a Learn to Swim from a zero base to circa 500 children and contribute both financially and new members to the swim club. I coached numerous Irish masters records and also World and European Masters medalists.

## Templeogue College Swim Pool

2000 – 2009

Employed by the Management committee I was responsible for the day to day management of this successful swimming facility in South county Dublin

### *Achievements:*

Successfully redefined key elements of the Teaching & Learn to swim program. Increased participation to c. 1600 and profitability year on year from 2002 through 2009

Manager of a team of c.40 staff to the highest standards Increased profitability of the facility during my tenure (Bank Balance 2000 €7k, 2009 €600k+)

## SELECTIONS AND AWARDS AS COACH

- 2017 Swim Ireland Pathway Coach of the Year
- 2019 World Junior Championships Ireland Coach
- 2019 Irish Interprovincial Championships Ulster Coach
- 2019 Swim Ireland Advanced Coach Programme
- 2019 Scottish National Championships Ulster Coach
- 2018/19 Swim Ireland Performance Advisory Group Member
- 2018 Scottish National Championships Ulster Coach
- 2018 Swim Ireland Advanced Coach Programme
- 2017 Irish Interprovincial Championships Ulster Coach
- 2007 World University Games, Bangkok, Ireland Coach
- 2006 European Junior Championships, Majorca, Ireland Coach
- 2005 European Youth Olympics, Lignano Ireland Coach
- 1993-2005 Leinster Coach
- 1993-2019 Irish National Squad Coach

## ACHIEVEMENTS

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- 2019** Irish National Championships  
Top Mens Team, 1 Qualifier World & European Juniors (2 events)  
1 Irish Junior Record 800 Free, 2 Ulster Senior & Junior Records 800/1500 free, 3 Gold, 2 Silver, 1 Bronze  
4 Swims top 100 Euro 18 & under (2 top 15)
- 2018** Irish National Championships 2 Gold, 2 Silver, 2 Bronze
- 2017** Irish National Championships 4 Gold 1 Silver, 1 Bronze  
Second place overall National Championships  
Commonwealth Youth Championships, Bahamas 2 Silver  
European Junior Championships Qualifier 21st  
European Youth Olympic Games Qualifier
- 2013** World Paralympic Championships Silver
- 2012** Paralympic Olympic Games 5th
- 2011** Irish University Championships Combined Champions  
Irish University Championships Mens Champions
- 2009** 3 Irish Senior Relay records, 4x100 & 4x200 FTR LC, 4x100 FTR SC (all Men)  
Irish University Championships Combined Champions  
Irish University Championships Mens Champions
- 2008** Irish University Championships Mens Champions
- 2007** World University Games Qualifier  
Irish University Championships Mens Champions
- 2006** European Junior Championships Qualifier
- 2005** Irish Junior Record 50 Back European Youth Olympics Qualifier
- 2003** European Youth Olympics Qualifier

## QUALIFICATIONS

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**MSc Sports Coaching and High Performance Sept 2019 University of Ulster  
Swim Ireland Level 3 Swim coach**

**Irish Water Safety Swimming Tutor**

## REFERENCES

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Manager Templeogue College Swim Pool,  
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