

LIVIO COCOZZA



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PROFILE

I am looking for as Wp-Swim Head coach - Team manager because i would like to contribute to your business and annual plans and coach competitive level swimmers/water polo players or higher, ensuring their progression. I believe with my International experience i can help your organization to achieve best results for a long term or keep high quality for training and development project for a long term.

EMPLOYMENT

Water polo Team Manager (from March 2018 to June 2019)

Pallanuoto Treviglio (Treviglio- Italy)

- Business plan and management.

Water polo Supervisor (from September 2017 to December 2017)

Huetor Vega (Granaga-Spain)

- Annual and Business plans for junior and senior teams.

Water polo/Swim Supervisor (May 2017 - July 2017)

San Jose Express Aquatics (Harker - Los Gatos High Schools, San Jose, Ca, USA)

- Annual and Business plans for Squads U10-U12-U14-U16: JO games in LA

Swim Head coach (March 2016-January 2017)

Battersea Jacs Swimming Club(Tooting Leisure,London, UK)

- Annual and business plans for junior and master team:swim skills, swim test, swim gala and land training

Water polo Head coach (March 2015-2016) -British National league

Otter water polo club (Hammersmith, London,UK)

- Annual and Business plans for young and senior team: water polo skills, swimming sessions,tactics, land training

Water polo Head coach (July 2015- 2016)- British National league

London Polytechnic water polo club(London Aquatics Centre Olympic pool,UK)

- Annual and Business plans for young and senior team: water polo skills, swimming sessions,tactics, land training

Water polo / Swim Head coach (2007 – 2013)

Virtus sport and Alma nuoto (Rome Italy)

- Water polo/ swim head coach. Competitive swimming and water polo players . Private personal trainer.

Assistant head coach of the Italian national water polo men's U-15.

Swim Coach and Swimming teacher (2002-2006)

Libertas rari nantes, Amatori nuoto (Perugia Italy)

- Swimming coach of young and senior swimmers and Lifeguard.

- Swimming teacher for disabled people and people with mental problems in cooperation with “Mental Hospital” and C.I.P. (Italian Paralympic Swimming Federation).

Physical education teacher (2008 – 2013)

Secondary - Primary school, Primary school K1 and K2 Via dell'archeologia Rome (Italy)

- Primary school K1 and K2 Padre Massimiliano Kolbe. Via campofiorito. Secondary (K3) schools in Rome (Italy) and Perugia (Italy)

CERTIFICATES & COURSES

- ° ASCA level 1-2-3 by American swimming coaches association USA swimming
- ° Certificate Foundations of Coaching 101 and 201 released by USA swimming
- ° Swim coach 2 level released by ASA (British swimming UK)
- ° Swimming Instructor 2 level released by STA (Swimming teachers association)
- ° Coordinator swimming-pool FIN (Italian Federation Swimming)
- ° Course: physical training in water polo, released by CONI (Italian National Olympic Committee)
- ° Lifeguard ILS (international life-saving) released by FIN (Italian Federation Swimming)
- ° Sector anti-doping to Rome(Italy) 13° FINA World Championships - World Swimming
- ° Water polo and Swim Coach FIN (Federation Italian swimming)
- ° Certificate Swimming teacher for people with physical-mental problems by CIP (Italian Paralympic Committee)
- ° Certificate Baseball coaching FIBS (Italian Federation Baseball-Softball)
- ° Certificate Posture of athletes in various sports
- ° Cardiovascular exercise physiology and pathophysiology

EDUCATION

Bachelor Degree in Physical Education, Sports science and Head coach at University of Perugia (Italy) from 2003 to 2008

High school of accountancy and programming at Istituto Commerciale Aldo Capitini, Perugia (Italy) from 1998 to 2003.

ADDITIONAL SKILLS

Computing:

Words, Excel, PowerPoint and Office software Programming; Visual basic and C+

Languages: Mother tongue Italian and fluent English and Spanish

Valid driving license

Ideator and author of the facebook page : <https://www.facebook.com/wpsmethodology/>

Contributor of several articles and videos focusing on water polo coaching methodology and training :

Movies: water polo skills, motor learning and tactics

Pictures: tactics, water polo and swim analysis, water polo/swim annual and business plans

Water polo Article:

The Eggbeater : Water polo body balance

(published on SwimSwam web site and retrieved on 06/07/2017)

Link: <https://swimswam.com/eggbeater-water-polo-body-balance/>

Biomechanics of Pass-Shot in Water Polo

(published on SwimSwam web site and retrieved on 05/07/2017)

Link: <https://swimswam.com/bio-mechanics-pass-shot-water-polo/>

Swimming Article:

Analysis of the Freestyle Recovery Stroke on the Cartesian Plan

(published on. SwimSwam and Zwemza web site and retrieved on 04/07/2017)

Link : <https://swimswam.com/analysis-frontcrawl-recovery-stroke-cartesian-plan/>

Link : <http://www.zwemza.com/?p=38475>

Undulation Technique to Improve Your Butterfly Stroke

(published on. SwimSwam web site and retrieved on 09/07/2017)

Link: <https://swimswam.com/undulation-technique-improve-butterfly/>

Conference Speaker : Cascina(Italy) 24-03-2019

Communication between Italy and the rest of the world

SWIM : technical front crawl stroke progress

WATER POLO : eggbeater and L kick

REFERENCES (available on request)