

Aleksandar Ljiljak

Profesor of sports education and graduated swimming coach

Dedicated swimming coach with proven experience training some of the country's top athletes for professional performances, along with training high school athletes on a regular basis.

Expirience

- 2014-04 - Present** **Head Coach**
SC Marlin Novi Sad
- Successfully coordinated local recruiting efforts while maintaining communication with Admissions
 - Maintained current standings and records for all swimmers.
 - Evaluated lesson based on assessment data resulting in more effective instruction
 - Collaborated with peers to transform objectives into workable steps resulting in successful lesson planning and pacing
 - Motivated individuals to perform to the best of their abilities resulting in personal goal attainment
 - Initiated communications with administrative staff and parents resulting in providing a safe and nurturing environment for students and effective teamwork with parents
 - Scheduled practices and created workouts for swimmers of all skill levels
 - Supervised swimmers throughout and acted proactively to ensure a safe environment
 - Took initiative to analyze data on team size, attendance, yards swam, and performance
- results achieved:**
- National Winter Championships Novi Sad 2015 (LC 50m) – 1st Place Perisic Dejan 100m Breastroke (1:01.81)
 - National Winter Championships Novi Sad 2015 (LC 50m) – 1st Place Perisic Dejan 50m Breastroke (28.28)
 - National Winter Championships Novi Sad 2015 (LC 50m) – 3rd Place Ramic Luka 200m Breastroke (2:25.52)
 - Regional Winter Championship 2015 – 3rd Team Place
 - Regional Winter Championship 2015 – 1st Team Place
 - Regional Winter Championship 2016 – 1st Team Place
- 2010-09 - 2014-01** **Head Coach**
SC Banat Kikinda
- Created new profitable swimming groups to meet specific needs of the team and its members.
 - Mentored, motivated, and managed over 100 swimmers ages 6 to 25.
 - Educated staff members on public relations and stroke techniques.
 - Organized programmed, and communicated schedules, deadlines, and important information for staff, swimmers, and parents to include practices and meets.
 - Maintained current standings and records for all swimmers.
- results achived:**
- participation at the European Junior Championships Belgrade 2011
 - Balkan Junior Swimming Championship Banja Luka 2011 (LC 50m) – 3rd Place Jovanov Mila 50m Butterfly (28.89)
 - Central European Junior Meeting Belgrade 2010 (LC 50m) – 1st Place Vukobrat Dusan 50m Freestyle (23.92)
 - Working with the junior national team of Serbia in swimming in preparation for the Junior European Championship and Balkana Championship
 - regular participants at European competitions and winning medals
 - multiple national champions
- 2009-09 - 2010-06** **Head Coach**
SC Professional-Pro Aqua Novi Sad
- Reorganized the club's work and improved the promotion of the club, thereby increasing the number of members
 - Educated coaches of younger age categories and swimming schools
 - Followed the realization of all members of the club
 - Recruiting the swimmers who brought the first national medals to a club
- results achieved:**
- The first title for the club achieved third team place in the Junior Championships of Vojvodina
 - national champions



Personal Info

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Date of birth
1980-04-28

Skills

Computer skills ● ● ● ● ●

English ● ● ● ● ●

2006-05 - Lifeguard
2006-08 *Connntinental Pools Inc., Svage, MD*

2005-09 - Swim Coach
2008-08 *SC Novi Sad Novi Sad*

- Co-operated with coach from Hungary how had participants in the finals at the Olympics
- Successfully corrected and implemented the plan and program of co-operated coach from hungary according to the conditions in the club and the country

results achieved:

- European Junior Championships Antwerp 2007. (LC 50m) – 2nd Place Siladji Caba 50m Breaststroke (28.53)
- European Junior Championships Antwerp 2008. (LC 50m) – 2nd Place Siladji Caba 50m Breaststroke (28.28)
- European Junior Championships Antwerp 2008. (LC 50m) – 1st Place Siladji Caba 100m Breaststroke (1:01.91)

Sports career

2004-2009 **PK Novi Sad, Novi Sad**

- participation in all state championships
- multiple state champion in the senior category
- participation in many foreign competitions and winning medals
- regularly invited to the senior national team of Serbia

2000-2004 **PK Kikinda, Kikinda**

- participation in all national championships and winning medals
- Multiple champion of States in the senior category
- participation in many foreign competitions and winning medals
- regularly invited to the senior national team of Serbia
- Balkan Games in Greece, winning second place in the 4x100 free relay team

1999-2000 **PK Vojvodina, Novi Sad**

- multiple state champion in the senior category
- participation in many foreign competitions and winning medals
- regularly invited to the senior national team of Serbia

1990-1999 **PK Kikinda, Kikinda**

- multiple state champion in the cadet and junior category
- a permanent member of the cadet and junior national team
- participation in many foreign competitions and winning medals

Education

1999-2012 **Faculty of Physical Education and Sports, Novi Sad, University of Novi Sad, Serbia**
Specialization : Graduate swimming coach and professor of physical education

1995-1999 **High School, Gimnasium "Dusan Vasiljav", Kikinda, Serbia**
department of mathematical sciences

1987-1995 **Elementary School, "Djura Jaksic", Kikinda, Serbia**
SC Professional-Pro Aqua Novi Sad