

# CURRICULUM VITAE

FIRST NAME : Cabrel Donald  
NAME : NANA  
Date and place of birth : 17 June 1986 in Ebolowa  
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Tel : (+237) 694 71 37 59  
Nationality : Cameroonian  
Marital status : Single

**Level school : Baccalaureate Degree**

## FORMATION

: Lifeguard  
: Swimming instructor  
: Coaches

## PROFESSION

: Swim teacher  
: Lifeguard  
: Coache

## INTERSHIP PROFESSIONNAL

**08 August 2017** : Seminar recycles of head lifeguard  
**22<sup>nd</sup> September 2014** : Internship of futur leader in lifeboat  
**9 to 10 January 2012** : Internship Swim teacher  
**6 to 10 July 2009** : Internship in the rescue Boat ROYAL LIFESAVING  
Level II  
**2 to 6 November 2008** : Training for National lifeguard  
**28 to 31 October 2008** : Internship in the rescue Boat ROYAL  
LIFESAVING Level I

## EXPERIENCES

**2006** : **Professional swimmer with strong swim background in africa**  
**2017 – 2018** : Swimming Instructor in ERSI (Regional school for rescue and firefighting), ASECNA Agency for the safety of Air Navigation in Africa and Madagascar) part time  
**11 August 2016** : Swimming coach in Maloko sport for the club school The Bridge (British)  
**January 2016** : Lifeguard in KHALIDYA UAE (Emirate Arab Unite) Abu Dhabi

- January 2015** : Lifeguard in NOVOTEL IBIS and ADAGIO UAE (Emirate Arab Unite) FUJAIRAH
- April 2014** : Head lifeguard in swimming pool semi – Olympic of Cameroon
- 2013** : Swimming coach at the club T&P Sport Agency
- 2012** : Swimming Instructor at the school of Douala International Academy of Aviation and Tourism
- 2009** : Head lifeguard at JET HOTEL for the organization of activities related aquatic
- 2009** : Member of Lifesaving trainer for the new lifesaver and lifeguard in bathing beach (SEME BEACH HOTEL)
- 2009** : Swimming instructor in swimming pool semi-Olympic in Club of sport Brasserie Ndokoti (DIAAT)

### **SPORT PRACTICE**

- : Swimming

### **PERSONALITY**

- : Dynamic
- : Approachable
- : Coachable
- : Good skill
- : Positive